Pension Scams

For many, pension savings can offer financial security throughout retirement and for the rest of their lives. For others, a pension can help support career choices, pay off debt and provide for those who mean the most. Pensions are one of their largest and most valuable assets that people have. Unfortunately, like anything valuable, pensions can become the target for fraudulent, inappropriate or scam related activities.

This spotlight will help you to spot, stop and stay safe from scammers.

The Pensions Advisory Service is here to provide information and guidance on all pension matters; we can't provide regulated financial advice or tell you what to do, but we can help you get the support you need.

How to SPOT and STOP a pension scam

It's good to remember that pension scams can take many forms and usually appear to most, to be a legitimate investment opportunity. But, pension scammers are clever and know all the tricks to get you to hand over your savings. However, these tell-tale signs can help you to spot a pension scam in its tracks:

1. Contacted out of the blue? This can be over the phone, email, text, and letter or even on your doorstep - Ignore this contact!

2. Offers or mentions of ‘one-off investments’, time bound offers, upfront cash incentives, ‘free pension reviews’, ‘legal loopholes’ or ‘government initiatives’ – are more often than not, pension scam warning signs!

3. Recommendations of transferring your money into a single overseas investment, with guaranteed returns of 6-8% or higher – remember investments can go up as well as down, if it sounds too good to be true it probably is!

4. The promise to get you access to your pension before the age of 55 - This is only allowed in very specific circumstances e.g. ill health.

5. Visits from a courier or personal representative to pressure you to sign paperwork and speed up your transfer – NEVER be rushed into a decision.

6. There may be an authentic looking website and marketing material, but these can be cloned from real organisations. They can also claim to be from a legitimate organisations like ours, the Pension Service or Pension Wise – we will never contact you without your permission first.

7. There will be little or nothing in the way of contact names, addresses or phone numbers, but there may also be lots of people or firms involved- the more is not merrier in this case!
If you transfer your pension savings into a scam, you run the very real risk of losing a significant part, if not all of your pension savings, as well as facing high commission or arrangement fees and HMRC tax charges. But, there are a number of things you can do to help avoid scammers, protecting your pension and stay safe from scams:

- **Take your time** - Never be rushed into making a decision, scammers sometimes say offers are time-limited and will send a courier to pick up paperwork. It's your pension; you need to fully understand what you are being asked to do before making a decision.

- **Check who you’re dealing with:**
  
  - **Are they FCA regulated?** – Before proceeding on any pension transfer make sure that the person or firm you are dealing with are regulated by the Financial Conduct Authority (FCA) and are authorised to provide pension advice. You can check whether your adviser is regulated through their dedicated [FCA Register](#).
  
  - **What’s the scheme’s HMRC status?** - Ask the scheme you are transferring from to check the schemes HMRC registration status, to make sure that it is real and authorised.
  
  - **Is the adviser or firm’s reputation good?** Have there been complaints about the adviser, firm or investment? Do a thorough internet search. Also check on forums and social media for mentions and personal experiences.
  
  - **Where are they located and how easy is it to contact them?** Is their address a PO Box or a serviced office? Are they contactable about their registered office; is this a dedicated landline or just a random mobile number?

- **Ask, ask and ask again!** – Ask for a statement showing how your pension will be paid on retirement and ask who will look after your money till then. Also make sure you have copies of member documentation before you decide to transfer.

- **Listen to pension provider due diligence** – Scammers might warn that your current pension provider will try and stop you transferring out, under the sham that they just want to keep your money. This is not the case, your provider will have to do some very thorough due diligence checks on the scheme you’re planning to transfer to. If they suspect a scam they have an obligation to protect your funds.

- **Are you comfortable with the risk?** – Investing your entire pension into one single investment could be very high risk, as investments go up as well as down. In fact, in the worst case scenario, you could lose all of your money. Minimising such risks, can often be achieved through a diverse investment portfolio. Having several investments among various investment categories, means you’re able to reduce risks and protect your long term goals. If you’re not comfortable with the level risk being suggested, you should carefully consider whether it is right for you.

- **Seek out an independent and impartial view** – You should check with our service first before proceeding with any offer that sounds too good to be true, [0300 123 1047 (Monday – Friday 9-5)](#). We can help identify any scam activity, provide you with clear next steps and talk through any legitimate pension and retirement options you have.

  - You can also use our dedicated [pension scam online tool](#) than can help you identify a scam and give you a course of action depending on your circumstances and answers.
What to do if you think you’re being or have been scammed

Depending on what stage of a scam you think you might be in there are different actions you might need to take. We have outlined two different scenarios below to help guide you through this process:

If you think you might have already been targeted and you’ve agreed to transfer your pension, you should do the following as soon as you’re able:

STEP 1. Contact your pension provider immediately-
They may be able to stop the transfer if it has not already gone through.

STEP 2. Contact Action Fraud 0300 123 2040 and report the scam –
Action Fraud will collect the information and issue you with a police crime reference number. Reporting your experience to action fraud may provide vital intelligence that prevents others from falling victim. Their work is often behind the scenes with other crime agencies. You can see the status and update details of your case through their online crime report system.

If your money has been transferred and you’re unable to contact the organisation or find out where your money is, or haven’t received any notifications for some time, it’s likely that it’s a scam and your funds have been lost. You should:

STEP 1. Contact Action Fraud 0300 123 2040 and report it –
Action Fraud will collect the information and issue you with a police crime reference number. Reporting your experience to action fraud may provide vital intelligence that prevents others from falling victim. Their work is often behind the scenes with other crime agencies. You can see the status and update details of your case through their online crime report system.

STEP 2. Think about your financial position -
If you’re a victim of a pension scam you may be struggling with a range of financial or personal issues during this time. You may need help with the pension options available to you going forward. Unfortunately, it is unlikely that we can put you back into the financial position you were in before. However, it might be helpful to discuss the situation with a Technical Specialist from our team and to consider next steps.

In addition to talking to you about your situation, we may suggest you access our appointment service, which can take you through some of the things you might want to consider when looking at rebuilding your savings. Please contact us (details on how to get in touch can be found on the last page of this document) direct if you feel that this is relevant to you.

STEP 3. Be aware of secondary scamming -
If you’re a victim of a pension scam, you should also be aware of further unsolicited contact that offers to help recover your funds for a charge. Secondary scamming is common and can lead you to lose even more money. You should be very aware, that if you’re pension has been lost to scammers the likelihood of recovering funds are very unlikely.
About Us

The Pensions Advisory Service (TPAS) works to make pensions accessible and understandable for everyone. We provide independent and impartial information and guidance about pensions, free of charge, to members of the public.

We help with all pension matters covering workplace, personal and stakeholder schemes and also the State Pension. We answer general questions, help with specific queries and offer guidance for people with complaints about their private pension scheme.

Contacting us

Pensions Helpline 0300 123 1047
(Monday- Friday 9:00am- 5:00pm)

Online enquiry form www.pensionsadvisoryservice.org.uk/online-enquiry

Web chat live www.pensionsadvisoryservice.org.uk

Write to us The Pensions Advisory Service
11 Belgrave Road
London
SW1V 1RB

We regret that we are unable to accept visitors at our office. Please note that this guide is for information only. The Pensions Advisory Service cannot be held responsible in law for any opinion expressed, nor should any such opinion be regarded as grounds for legal action.