

Summary of SPAs and SPDs
(Incorporating News Rules From April 2016)

Men			Women		
Date of Birth		Your State Pension Age or Date	Date of Birth		Your State Pension Age or Date
From	To		From	To	
01/01/1920	05/04/1950	Age 65	01/01/1920	05/04/1950	Age 60
06/04/1950	05/05/1950	Age 65	06/04/1950	05/05/1950	06/05/2010
06/05/1950	05/06/1950	Age 65	06/05/1950	05/06/1950	06/07/2010
06/06/1950	05/07/1950	Age 65	06/06/1950	05/07/1950	06/09/2010
06/07/1950	05/08/1950	Age 65	06/07/1950	05/08/1950	06/11/2010
06/08/1950	05/09/1950	Age 65	06/08/1950	05/09/1950	06/01/2011
06/09/1950	05/10/1950	Age 65	06/09/1950	05/10/1950	06/03/2011
06/10/1950	05/11/1950	Age 65	06/10/1950	05/11/1950	06/05/2011
06/11/1950	05/12/1950	Age 65	06/11/1950	05/12/1950	06/07/2011
06/12/1950	05/01/1951	Age 65	06/12/1950	05/01/1951	06/09/2011
06/01/1951	05/02/1951	Age 65	06/01/1951	05/02/1951	06/11/2011
06/02/1951	05/03/1951	Age 65	06/02/1951	05/03/1951	06/01/2012
06/03/1951	05/04/1951	Age 65	06/03/1951	05/04/1951	06/03/2012
06/04/1951	05/05/1951	Age 65	06/04/1951	05/05/1951	06/05/2012
06/05/1951	05/06/1951	Age 65	06/05/1951	05/06/1951	06/07/2012
06/06/1951	05/07/1951	Age 65	06/06/1951	05/07/1951	06/09/2012
06/07/1951	05/08/1951	Age 65	06/07/1951	05/08/1951	06/11/2012
06/08/1951	05/09/1951	Age 65	06/08/1951	05/09/1951	06/01/2013
06/09/1951	05/10/1951	Age 65	06/09/1951	05/10/1951	06/03/2013
06/10/1951	05/11/1951	Age 65	06/10/1951	05/11/1951	06/05/2013
06/11/1951	05/12/1951	Age 65	06/11/1951	05/12/1951	06/07/2013
06/12/1951	05/01/1952	Age 65	06/12/1951	05/01/1952	06/09/2013
06/01/1952	05/02/1952	Age 65	06/01/1952	05/02/1952	06/11/2013
06/02/1952	05/03/1952	Age 65	06/02/1952	05/03/1952	06/01/2014
06/03/1952	05/04/1952	Age 65	06/03/1952	05/04/1952	06/03/2014
06/04/1952	05/05/1952	Age 65	06/04/1952	05/05/1952	06/05/2014
06/05/1952	05/06/1952	Age 65	06/05/1952	05/06/1952	06/07/2014
06/06/1952	05/07/1952	Age 65	06/06/1952	05/07/1952	06/09/2014
06/07/1952	05/08/1952	Age 65	06/07/1952	05/08/1952	06/11/2014
06/08/1952	05/09/1952	Age 65	06/08/1952	05/09/1952	06/01/2015
06/09/1952	05/10/1952	Age 65	06/09/1952	05/10/1952	06/03/2015
06/10/1952	05/11/1952	Age 65	06/10/1952	05/11/1952	06/05/2015
06/11/1952	05/12/1952	Age 65	06/11/1952	05/12/1952	06/07/2015
06/12/1952	05/01/1953	Age 65	06/12/1952	05/01/1953	06/09/2015
06/01/1953	05/02/1953	Age 65	06/01/1953	05/02/1953	06/11/2015
06/02/1953	05/03/1953	Age 65	06/02/1953	05/03/1953	06/01/2016
06/03/1953	05/04/1953	Age 65	06/03/1953	05/04/1953	06/03/2016
06/04/1953	05/05/1953	Age 65	06/04/1953	05/05/1953	06/07/2016
06/05/1953	05/06/1953	Age 65	06/05/1953	05/06/1953	06/11/2016
06/06/1953	05/07/1953	Age 65	06/06/1953	05/07/1953	06/03/2017
06/07/1953	05/08/1953	Age 65	06/07/1953	05/08/1953	06/07/2017
06/08/1953	05/09/1953	Age 65	06/08/1953	05/09/1953	06/11/2017
06/09/1953	05/10/1953	Age 65	06/09/1953	05/10/1953	06/03/2018
06/10/1953	05/11/1953	Age 65	06/10/1953	05/11/1953	06/07/2018
06/11/1953	05/12/1953	Age 65	06/11/1953	05/12/1953	06/11/2018
06/12/1953	05/01/1954	06/03/2019	06/12/1953	05/01/1954	06/03/2019
06/01/1954	05/02/1954	06/07/2019	06/01/1954	05/02/1954	06/07/2019
06/02/1954	05/03/1954	06/11/2019	06/02/1954	05/03/1954	06/11/2019
06/03/1954	05/04/1954	06/03/2020	06/03/1954	05/04/1954	06/03/2020
06/04/1954	05/04/1968	Age 66	06/04/1954	05/04/1968	Age 66

Men				Women		
Date of Birth		SPA or SPD		Date of Birth		SPA or SPD
From	To			From	To	
06/04/1968	05/05/1968	06/05/2034		06/04/1968	05/05/1968	06/05/2034
06/05/1968	05/06/1968	06/07/2034		06/05/1968	05/06/1968	06/07/2034
06/06/1968	05/07/1968	06/09/2034		06/06/1968	05/07/1968	06/09/2034
06/07/1968	05/08/1968	06/11/2034		06/07/1968	05/08/1968	06/11/2034
06/08/1968	05/09/1968	06/01/2035		06/08/1968	05/09/1968	06/01/2035
06/09/1968	05/10/1968	06/03/2035		06/09/1968	05/10/1968	06/03/2035
06/10/1968	05/11/1968	06/05/2035		06/10/1968	05/11/1968	06/05/2035
06/11/1968	05/12/1968	06/07/2035		06/11/1968	05/12/1968	06/07/2035
06/12/1968	05/01/1969	06/09/2035		06/12/1968	05/01/1969	06/09/2035
06/01/1969	05/02/1969	06/11/2035		06/01/1969	05/02/1969	06/11/2035
06/02/1969	05/03/1969	06/01/2036		06/02/1969	05/03/1969	06/01/2036
06/03/1969	05/04/1969	06/03/2036		06/03/1969	05/04/1969	06/03/2036
06/04/1969	05/04/1977	Age 67		06/04/1969	05/04/1977	Age 67
06/04/1977	05/05/1977	06/05/2044		06/04/1977	05/05/1977	06/05/2044
06/05/1977	05/06/1977	06/07/2044		06/05/1977	05/06/1977	06/07/2044
06/06/1977	05/07/1977	06/09/2044		06/06/1977	05/07/1977	06/09/2044
06/07/1977	05/08/1977	06/11/2044		06/07/1977	05/08/1977	06/11/2044
06/08/1977	05/09/1977	06/01/2045		06/08/1977	05/09/1977	06/01/2045
06/09/1977	05/10/1977	06/03/2045		06/09/1977	05/10/1977	06/03/2045
06/10/1977	05/11/1977	06/05/2045		06/10/1977	05/11/1977	06/05/2045
06/11/1977	05/12/1977	06/07/2045		06/11/1977	05/12/1977	06/07/2045
06/12/1977	05/01/1978	06/09/2045		06/12/1977	05/01/1978	06/09/2045
06/01/1978	05/02/1978	06/11/2045		06/01/1978	05/02/1978	06/11/2045
06/02/1978	05/03/1978	06/01/2046		06/02/1978	05/03/1978	06/01/2046
06/03/1978	05/04/1978	06/03/2046		06/03/1978	05/04/1978	06/03/2046
06/04/1978	31/12/2019	Age 68		06/04/1978	31/12/2019	Age 68